

# Group Crisis Intervention

## ***August 25-26, 2015***

Public Safety Center  
1220 South 52<sup>nd</sup> St.  
Grand Forks, ND

*Registration and payment must be received by  
August 11, 2015*

**This course is eligible for 13 hours POST credit.  
Emergency credits available.  
Counselor/SW CEUs available**

### ***Registration Form***

(Only one person per registration form)

Name\_\_\_\_\_

Address\_\_\_\_\_

\_\_\_\_\_

Organization\_\_\_\_\_

Contact Phone\_\_\_\_\_

Email\_\_\_\_\_

Please mail completed form with a non-refundable  
payment of \$75.00

Jay Middleton, Training Officer  
Grand Forks Police Dept.  
122 South 5<sup>th</sup> St.  
Grand Forks, ND 58203

## Agenda

***Tuesday, Aug. 25, 2015  
8:00am-6:00pm***

- Core Concepts: Crisis Intervention and Critical Incident Stress Management
- What is a Critical Incident?
- History of CISM
- Common Psychological/Behavioral Reactions
- Types of CISM Interventions
- Large Group Crisis Interventions
- Strategic Planning

***Wednesday, August 26  
8:00 am – 12:00 noon***

- Small Group Crisis Interventions
- Essentials of Group Intervention
- Defusing's and the Critical Incident Stress Debriefing
- Enhancing CISD Success
- Question/Answer & Course Wrap-up

## Who Should Attend?

The Basic course in CISM is for people who work in the emergency response fields who desire to be part of a Critical Incident Stress Management Team.

- Corrections
- Law Enforcement
- Ambulance
- Fire
- 911 Dispatchers
- Emergency Personnel
- Mental Health Professionals
- Chaplains
- Search and Rescue
- Hospitals

## What You Will Learn?

- The various types of stress
- The most common types of stress among emergency workers
- How to identify the symptoms of stress
- The different types of interventions (Pre & Post)
- You will be given the basic skills used as a CISM debriefer.

## Seminar Mission

CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum.

The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusing and the group intervention known as Critical Incident Stress Debriefing (CISD).

The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these intervention, specifically demobilizations, defusing's and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course.

A block of rooms has been reserved at the Sleep Inn & Suites, 1350 S 42<sup>nd</sup> St., Grand Forks, ND 58201. Call 701.757-2900.



*About the presenter*

Carol Staben-Burroughs is a Licensed Clinical Professional Counselor in private practice in Bozeman, MT. She is an instructor at Montana State University in the Dept of Education, Health and Human Development. Carol is a past president of the American Mental Health Counselors Association and the Montana Clinical Mental Health Counselors Association. She is a trainer for the International Critical Incident Stress Foundation and has been an active volunteer in the Montana Critical Incident Stress Management Network. Carol lectures on a wide variety of subjects and has a humorous, high-energy training style.

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*Presented by:*  
*Carol Staben-Burroughs, LCPC*

**August 25-26, 2015**

Public Safety Center  
1220 South 52<sup>nd</sup> St.  
Grand Forks, ND

*Sponsored by:*



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